

## Appendix 4 – Pre and Post Diagnostic Support for Adults with Autism Spectrum Conditions

### BDMDC – Adult Social Care support and new developments in post-diagnosis and non-clinical support for adults with ASD

<p><b>Bradford Local Offer</b></p>	<p>Information on current services and support available for both children and adults with Autism can be found on the <b>Bradford Local Offer</b>.  <a href="https://localoffer.bradford.gov.uk/">https://localoffer.bradford.gov.uk/</a>            General information for adults with care and support needs can be found at <b>Connect to Support</b>.  <a href="https://bradford.connecttosupport.org/">https://bradford.connecttosupport.org/</a></p>
<p><b>Support for families and carers</b></p>	<p>Support for families and carers of children and young people (up to 25 years) with special educational needs and disabilities (SEND) is offered by the <b>Parents’ Forum for Bradford and Airedale</b>.</p> <p>The <b>Carers’ Resource</b> service provides support for carers who are defined as people who, without payment, provide help and support to a friend, neighbour or relative who could not manage otherwise because of frailty, illness or disability</p>
<p><b>Workforce training: (new)</b></p>	<ul style="list-style-type: none"> <li>• Introduction to Neurodiversity – all staff</li> <li>• Working with autistic people – social workers who work directly with people with autism;</li> <li>• Level 3 Certificate in understanding Autism (A level equivalent), which once complete will have trained 20 social workers – the course commences in September,</li> <li>• 48 places on a virtual Autism experience bus. This is an immersive training experience to allow participants to understand how autism affects people day to day and how to make adjustments to support autistic people.</li> </ul> <p><u>Outcomes for training</u></p> <ul style="list-style-type: none"> <li>• All staff are aware of autism and neurodiversity and how it might present in work, at home, in care settings and the community; Identify practical strategies to support neurodivergent individuals in a range of day to day situations; Understand how to support neurodiversity people and make reasonable adjustments</li> <li>• Staff who work directly with autistic people understand what Autism is and the varied presentation of autistic people understand the main characteristics which lead to a diagnosis of Autism; Understand the range of difficulties and challenges that autistic people can experience in everyday life; Have an understanding of policy and legislation that underpins good practice; Understand how to make practical adaptations and adjustments to make services accessible to autistic people</li> </ul>

<p><b>Supported Employment: (new)</b></p>	<ul style="list-style-type: none"> <li>• BDMDC has been awarded grant funding bid from DWP of £350k funding for a local supported employment initiative (LSE) for people with autism.</li> <li>• This new service will support 100 Autistic people into paid employment over the project which will commence next month and is funded until March 2025.</li> </ul> <p><u>Supported Employment Initiative:</u></p> <ul style="list-style-type: none"> <li>• Using a structured 5 stage supported employment model support 100 autistic people into sustainable paid employment; provide a job coach to work with individuals through the entire process of gaining employment; to support employers with reasonable adjustments, understanding the needs of autistic people and how they can be an asset to their business; at the end of the project have a sustainable model and robust evidence base to extend the programme post 2025</li> </ul>
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**Sacar/Specialist Autism Services, delivering post-diagnostic and non-clinical support for adults with ASD**

<p><b><u>Autism Engagement</u></b></p>	<ul style="list-style-type: none"> <li>• Increase opportunities for adults with an ASC across the district (social skills training)</li> <li>• Support social engagement</li> <li>• Support health and wellbeing</li> <li>• Increase awareness and understanding</li> <li>• Support to parents / carers of adults with an ASC by providing respite and encouraging independence / skills development</li> </ul>
<p><b><u>Autism Works</u></b></p>	<p>provides a tailored supported employment programme to increase confidence, employability and overall health and well-being</p> <ul style="list-style-type: none"> <li>• Includes peer support , passport to work , work orientation visits, volunteering, paid work opportunities etc</li> <li>• Supports health &amp; wellbeing – person centred reviews, evaluate progression and development.</li> <li>• Increases the overall confidence of adults with an ASC through increased social skills, employability, social inclusion and independence.</li> </ul>